Tap into the Fountain of Youth – for Life!

Joseph Corvo’s
Zone Therapy™ - The 10-Minute Miracle Natural Face Lift
Will Take Years off your Looks and Add Years to Your Life

Complete Natural Face Lift
Anti-Aging and De-Stressing Techniques for Beauty, Health & Fitness

Modern medical science now regards aging as a disease that is treatable and preventable and that aging is actually a compilation of various diseases and pathologies.

Zone Therapy™ is beauty from within. It helps to remove harmful toxins and detrimental environmental pollution we intake through the air, food, water, and products we use on our skin. These toxins form crystalline deposits (lactic and uric acids) around the nerve endings which prevent the electromagnetic currents (energy) of the body to move freely. It results in your organs and glands functioning poorly. All of your appearance and health depend on your energy level.

Less Energy = Weak Immune System = Low Self Esteem
More Energy = Strong Immune System = High Self Esteem
Zone Therapy™

JOSEPH CORVO'S ZONE THERAPY™
YOUTH, BEAUTY AND HEALTH IN TEN MINUTES A DAY

Zone therapy is the only program which enables you to exercise your whole body, including your INTERNAL systems. Millions of people spend hours every week jogging or working out but they neglect their inner selves, their organs and glands. Only Zone Therapy can reach these and bring you youth, beauty and health from within.

Zone Therapy is a powerful new holistic facial massage system using ancient healing techniques for health and beauty. It was developed by British Reflexologist Joseph Corvo, whose clients have included the late Princess Diana, Sarah Ferguson, Duchess of York, and Barbara Cartland.

It is simple to learn, takes only 10 minutes to do, and has striking anti-aging effects on the skin.

Zone Therapy involves a series of facial acupressure points identified especially to stimulate the core of the facial muscles, and to lift, tone and firm facial tissues. It can brighten the skin and make the face glow. Corvo designed the system to remove harmful toxins, to boost the energy level and to promote relaxation.

Simply press away the years, the tiredness and the pain. Follow Joseph Corvo’s easy and safe instructions and you will be able to perform miracles.

Zone Therapy can give you a complete natural facelift as effective as surgery, but totally safe and free. It is amazing that in 95% of cases Zone Therapy can alleviate diseases such as arthritis, back pain, headaches, obesity, sore throats and insomnia.

"Zone Therapy™ is a breakthrough way to have a non-surgical face lift that has all the up-sides of beauty, feeling good and health in a natural, organic way."


You will discover a dynamic difference in the way you look and feel in just a few sessions. Zone Therapy™ will also help remove harmful toxins from within as well as boost your energy level for better health & vitality. It's the easy and safe way to just press away the years, pain and the signs of aging on your face and body. Now you can afford to experience what royalty and celebrities have enjoyed at the world-renowned spas.

NOW YOU can learn the secrets of celebrities and royalty and learn the Zone Therapy™ techniques and daily facial exercises that will give your face a healthy glow- leave your skin smoother, tighter and toned and appear as though you had a face lift but WITHOUT SURGERY!

Signs of aging CAN BE STOPPED and rolled back with ZONE THERAPY™
Beauty Benefits of Zone Therapy™

- Firms skin, reduces puffiness, eliminates darkened eye circles
- Quickly firms and tones over 50 muscles on your face, chin and neck
- Smoothes skin around eyes, mouth, chin and forehead
- Improves skin complexion and gives a glow to your entire face
- Helps correct droopy eye and double chin

Health Benefits of Zone Therapy™

- Provides deep relaxation immediately
- Increases energy, and improves circulation and vitality
- Stimulates mental clarity
- Increases sex drive
- Helps cleanse and eliminates side effects of any cleansing program
- Increases the circulation and eliminates toxins, trauma, stress from the body
- Firmer muscles in the face, neck and throat
- Firms the upper arms and the chest area

In just one day, Certified Holistic Health Practitioner and Instructor Gina Bello will teach you a series of facial exercises that will help maintain and rejuvenate your facial muscle tone. This fun, fast all-natural method takes just minutes a day and requires no drugs, electricity or surgery.

FOR YOURSELF - You’ll learn how to:

* Look 10-15 years younger
* Enjoy more radiant skin
* Tighten droopy eyelids, sagging necks and double chins

PLUS FOR YOURSELF & FOR YOUR CLIENTS:

15 vital pressure points on the face that can give you a complete natural facelift as effective as surgery, but is totally safe and free!

Gina Bello is a RCRT, RAC Certified Instructor and Certified Holistic Health Practitioner. Established in 2002, her business Hand Heart & Sole Wellness provides services to clients one-on-one and to businesses for employee wellness and preventative healthcare using all-natural, holistic therapies. She is certified in Reflexology (hands, feet, ears, face), Seated Relaxation Massage, Swedish and Thermal Palms® Massage, IonCleanse® Original Detoxification, Reiki Master, Ear Candling and Vibrational Medicine.
This One-Day Workshop Includes:

Part 1: FACIAL EXERCISES
A series of 6 special muscle exercises for toning and building all the muscles in the face and chin, and for strengthening the neck.

Part 2: FACIAL PRESSURE POINTS
A series of vital pressure reflex points on the face to increase the body’s metabolism, detoxification and elimination activities in the body.

Zone Therapy™ can give you a complete natural facelift as effective as surgery, but totally safe and free. Zone Therapy™ is the only exercise program which enables you to exercise your whole body including your internal body systems. Millions of people spend hours every week jogging or working out but they neglect their inner selves, their organs and their glands. Only Zone Therapy™ can reach these and bring you youth, beauty and health from within.

Workshop Agenda:

PART 1              Geared to All: Class is for Anyone
• Zone Therapy™ - What Is It?
• History
• Key Principles and Zones
• Evidence, Research and Medical Opinion
• Scientific Basis of Zone Therapy™
• Joseph Corvo & The 10-Minute Miracle
• The 6 Facial Exercises
• The Face Plan – 15 Vital Reflex Points

PART 2              Geared to Practitioners & Business Builders
• Putting it all together for yourself & for your client
• Sessions for Clients: 10, 20 or 30 minutes = Added Revenue
• Marketing your new service: Zone Therapy™-Facial Reflexology

Workshop Includes:
• Practitioner Reference Manual
• Facial Muscles Chart / Face Plan – Reflexology Points
• Certificate of Attendance

Workshop Investment:
• $149.99 + HST Part I & II = $169.50