Zone Therapy

JOSEPH CORVO'S ZONE THERAPY – YOUTH, BEAUTY AND HEALTH IN TEN MINUTES A DAY

Zone therapy is the only program which enables you to exercise your whole body, including your INTERNAL systems. Millions of people spend hours every week jogging or working out but they neglect their inner selves, their organs and glands. Only Zone Therapy can reach these and bring you youth, beauty and health from within.

Zone Therapy is a powerful new holistic facial massage system using ancient healing techniques for health and beauty. It was developed by British Reflexologist Joseph Corvo, whose clients have included the late Princess Diana, Sarah Ferguson, Duchess of York, and Barbara Cartland.

It is simple to learn, takes only 10 minutes to do, and has striking anti-aging effects on the skin.

Zone Therapy involves a series of facial acupressure points identified especially to stimulate the core of the facial muscles, and to lift, tone and firm facial tissues. It can brighten the skin and make the face glow. Corvo designed the system to remove harmful toxins, to boost the energy level and to promote relaxation.

Simply press away the years, the tiredness and the pain. Follow Joseph Corvo's easy and safe instructions and you will be able to perform miracles.

Zone Therapy can give you a complete natural facelift as effective as surgery, but totally safe and free. It is amazing that in 95% of cases Zone Therapy can alleviate diseases such as arthritis, back pain, headaches, obesity, sore throats and insomnia.

Joseph Corvo is the author of many best selling books:

Zone Therapy

The Natural Face lift

Joseph Corvo's Instant Headache Cure

Joseph Corvo's Backache Cure (1992)

Healing With Colour Zone Therapy (1998)

The Healing Power of Colour Zone Therapy (1999) (Co-authored with Lilian Verner Bonds)

The Best is Yet to Come

Miracle of You